

## CURRICULUM VITAE

MAYAMEEN MEFTAH (MASC P.TH & NLP)

### **Employment History:**

#### **Legal Secretary (2001 – 2006) JSPS Solicitors, Southend on Sea, Essex**

Employed as receptionist and then promoted to Legal Secretary, with responsibility of two junior secretaries. JSPS is a Criminal Defense Firm, as secretary to one partner of the firm as well as assisting other Solicitors within the firm, tasks included typing of Criminal Documents that were produced for court; to include Brief to Counsels, Memorandums, Client Statements, Telephone Notes, and Letters to clients. Attending Magistrates Courts when required and facilitating with barristers and counsel of chambers.

#### **TEFL Teacher (2006 – 2012) European College, Tunisia & Englishfirst, China**

Teaching English as a foreign language, to adult learners so they could advance into employment and have a fluent understanding of the English language. This teaching consisted of group teaching of up to 10 students, as well as teaching online via a well-structured teaching portal. This allowed a great experience to engage with people from all around the world.

#### **FGM Co-Coordinator (2012-2014) ACCM UK, Bedfordshire**

As the FGM Co-Coordinator for Luton, engaging with professionals and the community to raise awareness of Female Genital Mutilation. Providing professional training and attending a number of conferences and campaigns. Creating new ideas and projects for the enhancement of promoting education to community members on the practice of Female Genital Mutilation, Forced Marriage and Honour Based Violence.

#### **Psychotherapist & NLP Practitioner (2012 - 2016) The Tulip Trust, Luton**

Establishing my own practice working as a Psychotherapist and NLP practitioner. This was working within the local community working specifically with BME Community and women of Islamic Faith. Delivering various projects and liaising with local authorities and organisations. This practice coincided with my advocacy and activism against Female Genital Mutilation. Public Speaker attending a wide range of speaking engagements.

#### **Founder / CEO (2016 - Present)**

##### **She Can Consultancy (formerly Swansea Trauma Support), Swansea**

Founder of She Can Consultancy Ltd, an Independent Consultancy Agency for Sexual Violence and Psychological Trauma. Specialised in Sexual ABUSE/Rape, Sexual Exploitation/Trafficking and Female Genital Mutilation. Providing professional services: Consultancy, Profession Training, and Public Speaker Engagement. Providing Support Services: Bespoke 7 week PTSD & Anxiety Recovery Program created by Mayameen, workshops, online support and monthly meet-ups for survivors.

**Education History:**

- Shoeburyness High School – GCSE x Grade C
- Shoeburyness High School Sixth Form - Advanced Business Studies

**Qualifications:**

- ITTT TEFL Certificate – Grade B
- ASC Psychotherapy Diploma – Level 3 Award  
(name prefix of MASC P.Th - Diploma in Advanced Psychotherapy)
- ASC NLP Life Skills Coaching Diploma – Level 3 Award  
(name prefix of MASC NLP - Diploma in Neuro Linguistic Programming)

Current - Level 3 Diploma, City and Guilds Independent Professional Advocacy  
Gower College, Swansea

Due for completion December 2019, I am currently undertaking this qualification and adhere to the Independent Advocacy Code of Practice.

**Accreditations:**

- ABC Award  
(ABC Awards is a leading national Awarding Organisation, regulated by Ofqual, and the Welsh Government)

**Continuing Professional Development:**

- Dealing with Forced Marriages E-Learning Training with the Home Office
- Female Genital Mutilation Training with MBE Award winner Comfort Momoh of St Guys & Thomas Clinic, London
- Certificate of Attendance for the Cultural Competence Workshop
- NBM VBAC Training
- Various Safeguarding and Social Care Certificates (available upon request)

References are available upon request.

Full UK Driving Licence.